



Oxygen Absorber Use Chart for Long Term Food Storage

Food Type	Quart Pouch	#10 Can or Gallon Container	5 or 6 Gallon Bucket
Powders—flour, powdered milk, pancake mix	50 cc	300 cc	1,000 cc
Small Grains— Rice, wheat, oats	50 cc	300 cc	1,500 cc
Beans	100 cc	500 cc	1,500 cc
Pastas	100-200 cc	500-700 cc	1,500-2,000 cc

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